
 **This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.firstcare.com or by calling 1-800-240-3270.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u>?	For preferred providers \$4,000 person/\$8,000 family For non-preferred providers \$8,000 person/\$16,000 family Doesn't apply to preventive care.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over. See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other <u>deductibles</u> for specific services?	Yes. See Medical Ded. for prescription drug coverage.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket limit</u> on my expenses?	For preferred providers \$4,000 person/\$8,000 family For non-preferred providers \$10,000 person/\$20,000 family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u>?	Premiums, balance-billed charges, penalties for failure to obtain pre-authorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u>?	Yes. See www.firstcare.com or call 800-240-3270 for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .

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Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about excluded services .

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- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
 - **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
 - The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
 - This plan may encourage you to use **preferred providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		Preferred Provider	Non-Preferred Provider	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	0% co-pay/visit.	30% Coinsurance.	—————none—————
	Specialist visit	0% co-pay/visit.	30% Coinsurance.	—————none—————
	Other practitioner office visit	Not covered.	Not covered.	—————none—————
	Preventive care/screening/immunization	No charge.	30% Coinsurance.	Deductible does not apply to service provided by a Preferred Provider.
If you have a test	Diagnostic test (x-ray, blood work)	0% Coinsurance.	30% Coinsurance.	—————none—————
	Imaging (CT/PET scans, MRIs)	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by 50%.

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Southwest Life & Health: Medical:LEQ5JQ5J/Rx:LQRX0HH0(HDHP) Coverage Period: 07/01/2015-06/30/2016

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Employee Only | Plan Type: PPO

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		Preferred Provider	Non-Preferred Provider	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.firstcare.com .	Generic drugs	0% co-pay/prescription(retail & mail order).	30% Coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription).
	Preferred brand drugs	0% co-pay/prescription(retail & mail order).	30% Coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription).
	Non-preferred brand drugs	0% co-pay/prescription(retail & mail order).	30% Coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription).
	Specialty drugs	0% co-pay.	30% Coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription).
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% Coinsurance.	30% Coinsurance.	—————none—————
	Physician/surgeon fees	0% Coinsurance.	30% Coinsurance.	—————none—————
If you need immediate medical attention	Emergency room services	0% Coinsurance.	0% Coinsurance.	If services are obtained inside the service area from an out-of-network provider, or if the provider is not an Out-of-Area Wrap Network contracted provider, then the Member may be billed for the balance between billed charges and Non-Participating Provider Reimbursement (NPPR) if payment is made at NPPR.
	Emergency medical transportation	0% Coinsurance.	30% Coinsurance.	
	Urgent care	0% co-pay.	30% Coinsurance.	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.
	Physician/surgeon fee	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.

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Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		Preferred Provider	Non-Preferred Provider	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	0% co-pay/office visit. 0% Coinsurance for other outpatient services	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.
	Mental/Behavioral health inpatient services	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.
	Substance use disorder outpatient services	0% co-pay/office visit. 0% Coinsurance for other outpatient services	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.
	Substance use disorder inpatient services	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.
If you are pregnant	Prenatal and postnatal care	0% co-pay/visit.	30% Coinsurance.	—————none—————
	Delivery and all inpatient services	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by \$500.

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Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		Preferred Provider	Non-Preferred Provider	
If you need help recovering or have other special health needs	Home health care	0% Coinsurance.	30% Coinsurance.	Limited to <u>60 Visits</u> per plan year. Failure to Pre-authorize services reduces benefits by 50%.
	Rehabilitation services	0% Coinsurance.	30% Coinsurance.	Limited to <u>35 Visits</u> per plan year per service. Failure to Pre-authorize inpatient services reduces benefits by \$500. Failure to Pre-authorize all other services reduces benefits by 50%.
	Habilitation services	Not covered.	Not covered.	—————none—————
	Skilled nursing care	0% Coinsurance.	30% Coinsurance.	Limited to <u>30 Days</u> days per plan year. Failure to Pre-authorize inpatient services reduces benefits by \$500. Failure to Pre-authorize all other services reduces benefits by 50%.
	Durable medical equipment	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by 50%.
	Hospice service	0% Coinsurance.	30% Coinsurance.	Failure to Pre-authorize services reduces benefits by 50%.
If your child needs dental or eye care	Eye exam	Not covered.	Not covered.	—————none—————
	Glasses	Not covered.	Not covered.	—————none—————
	Dental check-up	Not covered.	Not covered.	—————none—————

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other **excluded services**.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Dental Care
- Hearing Aids
- Infertility Treatment and Testing
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care
- Routine foot care
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy/plan document for other covered services & costs for these services.)

- Chiropractic care (Limited to 20 Visits per plan year).

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 800-240-3270. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact Customer Service at 800-240-3270, or, additionally a consumer assistance program can help you file your appeal. Contact: Texas Consumer Health Assistance Program; Texas Department of Insurance; Mail Code 111-1A; 333 Guadalupe; P.O. Box 149091; Austin, TX 78714; (855) 839-2427 (855-TEX-CHAP); www.texashealthoptions.com; chap@tdi.state.tx.us

Para obtener asistencia en Español, llame al 800-240-3270.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$3,390**
- **Patient pays \$4,150**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$4,000
Co-pays	\$0
Co-insurance	\$0
Limits or exclusions	\$150
Total	\$4,150

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$1,320**
- **Patient pays \$4,080**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$4,000
Co-pays	\$0
Co-insurance	\$0
Limits or exclusions	\$80
Total	\$4,080

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include [premiums](#).
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network [providers](#). If the patient had received care from out-of-network [providers](#), costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how [deductibles](#), [co-payments](#), and [co-insurance](#) can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your [providers](#) charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the [premium](#) you pay. Generally, the lower your [premium](#), the more you'll pay in out-of-pocket costs, such as [co-payments](#), [deductibles](#), and [co-insurance](#). You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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